

gardens. For people who would like information about the soil on their property sooner, there are a number of laboratories servicing Oregon that will test soil for heavy metals.

Should I test my children for arsenic and cadmium?

Medical testing for arsenic and cadmium is available through a urine test. Before doing a urine test, it's important to talk with your doctor. The Oregon Health Authority has issued guidance for health care providers who would like to perform this test.

A urine test for arsenic can only measure arsenic that individuals have been exposed to over the last five days. The urine cadmium test can measure long-term cadmium exposure that occurred over the past several years. Both tests can determine if the recent exposure was above average, but they cannot determine specific health effects. The results of the testing will not be used to inform your medical treatment plans. Results only indicate whether you have levels of arsenic or cadmium that are above average when compared to the national population.

Where can I learn more about the findings and effects?

You can visit our website for the latest public health updates. For other updates and to view maps of the affected area, visit the DEQ website.